

**SOUTH ESSEX CROSS COUNTRY LEAGUE 2022/2023**

**DIVISIONS ONE, TWO & THREE**

**TEAM RESULTS**

**Division One**

Pos	Club	R1	R2	R3	R4	R5	TOTAL	Points
1st	Leigh-on-Sea Striders	<b>98</b>	4	<b>141</b>	4		<b>239</b>	8
2nd	Billericay Striders	<b>126</b>	3	<b>159</b>	3		<b>285</b>	6
3rd	Benfleet RC	<b>171</b>	2	<b>198</b>	2		<b>369</b>	4
4th	Barking Road Runners	<b>901</b>	1	<b>454</b>	1		<b>1355</b>	2

**Division Two**

Pos	Club	R1	R2	R3	R4	R5	TOTAL	Points
1st	Rochford RC	<b>474</b>	4	<b>429</b>	3		<b>903</b>	7
2nd	East Essex Tri	<b>599</b>	2	<b>408</b>	4		<b>1007</b>	6
3rd	Castle Point	<b>501</b>	3	<b>649</b>	2		<b>1150</b>	5
4th	Brentwood RC	<b>1080</b>	1	<b>881</b>	1		<b>1961</b>	2

**Division Three**

Pos	Club	R1	R2	R3	R4	R5	TOTAL	Points
1st	Pitsea RC	<b>533</b>	4	<b>502</b>	4		<b>1035</b>	8
2nd	Havering 90 Joggers	<b>647</b>	3	<b>541</b>	3		<b>1188</b>	6
3rd	Dagenham 88	<b>941</b>	2	<b>990</b>	2		<b>1931</b>	4
4th	Tri Sport Epping	<b>1336</b>	1	<b>1092</b>	1		<b>2428</b>	2